

Make or update your Will for free

**"I have chosen to leave
a gift in my Will because
I want Bowel Research
UK to continue its
world-leading bowel
research into better
treatments, earlier
diagnostics and possible
cures for bowel cancer
and bowel diseases for
future generations."**

Leslie Everest
Bowel Research
UK supporter

www.bowelresearchuk.org



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Better treatments, earlier diagnosis and even cures can start with your decision to leave a gift in your Will

Leave a life-changing legacy to Bowel Research UK and let's end Bowel cancer and bowel disease. A gift in your Will would help the 42,000 people in the UK who are diagnosed with bowel cancer every year and the one million who live with life-changing bowel diseases, like Crohn's disease and ulcerative colitis.

Thanks to supporters like you who choose to leave a gift in their Will, Bowel Research UK is funding life changing research into bowel cancer and other bowel diseases. Every year over 16,000 people die from bowel cancer in the UK. By researching cutting edge treatments and investing in the best science, we're saving and improving people's lives.

Through funding world-class research, investing in the next generation of researchers and raising awareness, we will continue to make a real difference and change the outlook for future generations.

Investing in a life-changing Research Programme

Research is more than testing new drugs. It means better care, treatments, surgery, support, quality of life and better chances of survival.

Research plays a key role in helping us live longer, healthier lives and no more so than for people with bowel cancer and other bowel diseases. It is thanks to research that:

- Bowel cancer can now be removed by keyhole surgery with faster recovery.
- Fewer people after surgery have a permanent stoma (colostomy or ileostomy).
- More people with ulcerative colitis and Crohn's disease avoid surgery.
- No longer do people with anal cancer inevitably have a permanent colostomy.
- Incontinence can be improved by a pacemaker-like implant.

- Early diagnosis of cancer and pre-cancer means treatments can start earlier and you have a much better chance of survival.

- Your bowel can be inspected by swallowing a simple capsule.

These are just a few of the amazing things that have been achieved through research. But there is still a long way to go. The need to understand the risk factors and potential causes of bowel cancer and other bowel diseases, as well as identifying new ways to diagnose, treat and manage them has never been more urgent.

Putting patients first

Patients are at the heart of our work. We bring researchers, clinicians and patients together. Patient experience and input helps researchers and clinicians think about and develop new techniques and treatments which improve everyday care, quality of life and ultimately lead to better outcomes.

Generous legacy gifts helped us fund The National Bowel Research Centre, which was the vision of our founder and President, Sir Norman Williams. On 27th February 2013 The National Bowel Research Centre (NBRC) was officially opened by Her Majesty The Queen.

The centre is home to one of the best-equipped human tissue laboratories in the UK. Experiments are run using tissue donated by patients having surgery at the Royal London Hospital. Several of the pioneering projects that we have funded have included: looking at how the bowel ages, how it senses nutrients and how pain is registered.



Do I need to make a Will?

If you don't have a Will, your estate will be divided according to the law when you die. This could mean that your wishes are not carried out as you would want them to be. Having a Will, especially one written by a solicitor, ensures that your family and loved ones, your chosen charities and organisations will be remembered as you wish.

Our Legacy Commitment

- Your family and loved ones come first but we hope that, once you have provided for them, also leaving a gift in your Will to Bowel Research UK gives you the opportunity to change lives and help make bowel cancer and bowel diseases a thing of the past.
- We respect your privacy - we'd love to know if you've decided to support us with a gift in your Will. We will keep any details you share with us confidential.
- We will use your gift with the greatest of care and where it is most needed.

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As a practising colorectal surgeon, a professor at several universities and Chair of several research committees for over a decade, I have seen bowel research go from strength to strength. I am proud of the research findings Bowel Research UK has uncovered but there is still lots more work to do. It is only thanks to donations and gifts in Wills that we can do this vital research. //

Professor Charles Knowles, Trustee to Bowel Research UK, MBBChir, PhD FRCS, FACCRC hon.

Write your Will with us for free

We can take you through the steps to leave a gift in your Will, making it easier than ever.

1. Free Will writing service

As a supporter of Bowel Research UK you can take advantage of our free Will writing service. You can call **0800 773 4014** or visit <https://www.bowelresearchuk.org/legacy>

We've joined up with Will writers Guardian Angel to help you write your Will free of charge from the comfort of your own home. You can write your Will online, over the phone or face to face in just 15 minutes.

Your legacy is more important today than ever before. Ensure your wishes are followed and your loved ones are looked after with our free Will writing service.

We've also partnered with The Goodwill Partnership who are the largest distributor of home-visit solicitor-provided Wills in England and Wales.

<https://www.thegoodwillpartnership.co.uk/>

Disclaimer: Anyone you are referred to as part of The Goodwill Partnership is an independent professional from whom you will receive impartial and confidential advice. Inclusion of The Goodwill Partnership does not imply a recommendation by Bowel Research UK.

2. Establishing the value of your estate

Think about the value of your estate including property, valuables such as jewellery or art, investments, stocks and shares, insurance and pensions and any debts such as loans, outstanding mortgage or money owed.

Leaving a gift to charity in your Will can help reduce, or even remove, the tax burden on your estate. There are also a number of measures that may help reduce your estate's Inheritance Tax liability. For more advice, check the HMRC website or speak to your solicitor.

3. Beneficiaries

Choose the people, charities or organisations you'd like to remember in your Will. If you decide to remember Bowel Research UK, we'd like to say thank you.

4. Types of gifts

There are three main types of gift you can leave:

- **Residuary gift**
A residuary gift is a percentage or share of your estate after any gifts, payments, taxes or costs have been subtracted. Because this gift is a percentage or share of your estate you don't need to worry if your financial situation changes.
- **Pecuniary gift**
This is a set amount of money, the value of which may decrease over time due to inflation.
- **Specific gift**
A particular item, this could be anything from a piece of jewellery to furniture or property.

5. Choosing your Executors and Guardians

You will need to appoint the individuals responsible for ensuring that your wishes are fulfilled. Known as 'Executors', they will be named in your Will and have a legal responsibility to make sure your wishes are carried out. They can be a solicitor who charges a fee, or a friend or family member. Although a friend or family member can't charge for being your Executor, they may wish to pay a solicitor to help them. It's a good idea to name at least two people as Executors. Before doing so, check they are happy for you to do this.

If you are a parent, you should decide who you want to be your children's legal guardians if both parents die when the children are under 18 (or under 16 in Scotland).

6. Appointing a Solicitor

It's important to ask a legal professional to draw up your Will to ensure your wishes are properly carried out. It is particularly important if your Will is not straightforward. This might be the case if:

- you have young children or children with a former partner
- you want to leave money to someone who cannot care for themselves
- you own a property or investments with someone who is not your husband, wife or civil partner
- you own a property overseas
- you own a business

You can find solicitors in your area who specialise in Wills, probate law and tax law through personal recommendation and on the Law Society website.

<https://www.lawsociety.org.uk/en>
<https://www.lawscot.org.uk/>

7. Wording

To include a gift to Bowel Research UK simply give the following details to your chosen solicitor or professional Will writing partner:

Charity name: Bowel Research UK

Registered office address: c/o The Royal College of Surgeons, 35-43 Lincoln's Inn Fields, London WC2A 3PE

Charity number: Registered Charity No 1186061, incorporated and registered in England and Wales.



In person with a solicitor near you

Book a face-to-face appointment with Guardian Angel by calling 0800 773 4014.



Over the phone

Call 0800 773 4014, quoting our code BOWELRESEARCHFREE to speak to a Wills specialist at Guardian Angel.



Online

Click [here](#) using code BOWELRESEARCHFREE to speak to a Wills specialist at Guardian Angel.

"Sadly, my family and I have been touched by bowel cancer. I wanted to do something in memory of those we lost and to help fund vital research after my death. It is a comfort to know that my gift will help improve the lives of other people and the families and friends who love them."

Bowel Research UK Supporter

8. If you've decided to remember us, please consider telling us

Your Will is personal and it's entirely up to you if you wish to share this information. But if you do choose to tell us, we'd love to be able invite you to events and thank you properly for your support and let you know how your gift can help. Let us know by calling us **020 3540 8694**, or email **legacy@bowelresearchuk.org**

9. Keeping your Will safe

Your solicitor will often look after the Will for you, but you may wish to retain your own copy too. Tell a relative or close friend where the original copy of your Will is stored.

10. You can update your Will for free with our free Will writing service

It's a good idea to review your Will every few years or after any major life changes, such as:

- Marriage, civil partnership or divorce
- Birth of a child or grandchild
- Moving house
- Your Executor is no longer suitable
- The value of your estate has changed

If you want to make any changes to your Will, these will need to be made in writing and signed in the same way as the original Will. This can be done by creating a new document, known as a codicil, which adds to or amends the original Will. This needs to be stored with and read in conjunction with the Will.

Codicils are becoming less common as it is now easier to produce a new Will with the amendments incorporated which replaces the earlier Will. We always recommend taking professional advice in relation to Wills and codicils to minimise the chance of problems interpreting or implementing your wishes.

What your legacy could achieve

Because we can't be certain now what our research priorities will be in the years to come, most of our supporters choose to leave a gift to support the greatest need.

This means your gift could help us purchase the latest cutting-edge laboratory equipment.

Three types of legacy that could help make history

There are three main types of legacy gift and your solicitor will be able to advise you further - but here's a brief look at how they work:

1.

A share of your estate (residuary)

A residuary gift is the most valuable type of legacy for us. It is a percentage of your estate once all other legacies and expenses have been settled.

2.

A sum of money (pecuniary)

This is a specified cash sum. The value of pecuniary legacies will erode over time, so we advise speaking to your solicitor about index-linking your gift.


3.

A specific legacy

You may wish to leave us a non-cash gift such as property, stocks and shares or a personal item of value.

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We have invested over £9 million in research in the last 10 years. Our goals for expenditure in 2023 are to spend over 67% on granting and supporting bowel research. The majority of this income comes from people like you. Gifts of any amount make a huge difference.



Dr Madusha Peiris,
BSc (Hons), PhD
Bowel Research UK,
at The National Bowel
Research Centre.

“Having been a researcher at Bowel Research UK’s National Bowel Research Centre for over 10 years, I have seen first-hand how early-stage study findings can lead to the development of new, better treatments and diagnosis tools that improve outcomes for bowel cancer and gut disease patients. Gifts in Wills form a large percentage of funding for this vital life changing research.”

Dr Madusha Peiris

**BOWEL
RESEARCH
UK.**

Phone us : **0203 540 8694**

Visit us at: **www.bowelresearchuk.org**

Email us at: **legacy@bowelresearchuk.org**

Bowel Research UK: Registered Charity No 1186061, incorporated and registered in England and Wales.
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