

BOWEL **RESEARCH** **UK.**

Research is more than testing new drugs

It means better care, better treatments with medicines, better surgery, better support, a better quality of life and better chances of survival.

Over 42,000 people in the UK are diagnosed with bowel cancer every year and one million live with other life-changing bowel diseases such as the inflammatory bowel diseases - Crohn's disease and Ulcerative Colitis. Being diagnosed or living with these diseases impacts on partners, families and friends and can affect every aspect of daily life from work and studies to socialising and relationships.

www.bowelresearchuk.org



Research

Research plays a key role in helping us live longer, healthier lives and no more so than for people with bowel cancer and other bowel diseases. It is thanks to research that:

- Bowel cancer can be removed by keyhole surgery with better recovery.
- Fewer people after surgery have a permanent stoma (colostomy or ileostomy).
- More patients with Colitis and Crohn's disease avoid surgery.
- Patients with anal cancer no longer inevitably have a permanent colostomy.
- Incontinence can be improved by a pacemaker-like implant.
- Bowel cancer screening (the poo stick test) is helping to save lives by identifying traces of blood which are not always noticeable to the human eye but need further investigation.

- Early diagnosis of cancer and precancer means treatments can start earlier and patients have a much better chance of survival.
- Bowels in the future may be inspected by swallowing a simple capsule avoiding the risks associated with a colonoscopy.

These are just a few of the amazing results that have been achieved through research into diagnostic methods, surgery and drug treatments.

But we still have a long way to go.

The need to understand the risk factors and potential causes of bowel cancer and other bowel diseases, as well as identifying new ways to diagnose, treat and manage them has never been more urgent.

“We believe research holds the key to managing or completely eradicating bowel cancer and other bowel diseases - but we must continue to fund research studies and invest in our scientific and medical communities today to see the benefits tomorrow.”

**Rebecca Porta,
Chief Executive
Bowel Research UK**

“It is said that research is formulised curiosity. It is investigating and exploring new knowledge with a purpose. And it is the public that gives research that purpose - research into bowel disease and cancer cannot be delivered without the involvement of patients and the public.”

**Lesley Booth,
Director of Research
Bowel Research UK**

Bowel Research UK

Bringing together researchers, patients and their families, healthcare professionals, decision makers and those with an interest in bowel cancer and bowel disease is the ambition of Bowel Research UK. Through funding world-class research, investing in the next generation of researchers and raising awareness we are making and will continue to make a real difference.

We are currently supporting over 60 research projects and PhDs across the UK from IBD in children to new surgical techniques. These are vital studies and ensuring the work of the research teams continues, takes us one step closer to improving the lives of those with bowel cancer and other bowel diseases and changing the outlook for future generations.

Patient and Public Integration in Research Programme

Patients are at the heart of our work. We work with leading institutions - hospitals, universities and specialist centres - to bring researchers and patients together. Patient experience and input helps researchers think about and develop new techniques and treatments which improve everyday care, quality of life and ultimately lead to better outcomes. Recent highlights include:

- An exercise programme for patients living with a stoma.
- A new type of camera to help identify polyps which may need further investigation.
- A booklet to inform, reassure and empower patients who required care during the Covid-19 pandemic.



Over 1,500 patients have joined our Programme to share their experiences and add their voice.

If you are newly diagnosed, living with a bowel disease or want to join the Programme please visit our website or get in touch. You can help shape our work and make a difference.

**BOWEL
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www.bowelresearchuk.org

Our research offers hope

In order to continue to fund cutting edge research we need your support now more than ever before. Your donation or regular gift to Bowel Research UK ensures we can continue to support vital work and

ultimately we can offer better care, better treatments with medicines, better surgery, better support, a better quality of life and better chances of survival.

Your generosity makes a difference.

I'd like to help fund vital research into bowel cancer and other bowel diseases that can change and save lives.

1. Please accept my gift of

£10 £25 £50 £250

Other £

2. My details

Title First Name

Surname

Home Address

Postcode

Telephone no.

Email

We'll use your details to fulfil your request. We may contact you again by post or phone to tell you more about our life-saving research into bowel cancer and chronic bowel diseases, our fundraising and awareness campaigns, volunteering and events. Please let us know if you are also happy to hear from us by email and text:

- Yes I'd like to hear from you by email
 Yes I'd like to hear from you by text

We promise to keep your details safe and never sell or swap them with anyone. If you change your mind about hearing from us, you can stop receiving our updates at any time by emailing admin@bowelresearchuk.org or calling **0207 882 8749**. Please see our privacy policy for more information at www.bowelresearchuk.org

3. Please make your cheque payable to Bowel Research UK or complete your credit/debit card details below:

Credit/Debit/CAF Card No

Expiry Date CVS No CVS No/(Amex)

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Today's Date Signature

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- I would like to find out more about regular giving.
 I would like to find out more about leaving a gift in my Will.
 I would like to find out more about getting involved through events, volunteering and Patient and Public Integration.

You can make your gift worth 25% more by making a Gift Aid Declaration. *giftaid it*

By ticking the box, I confirm that I am a taxpayer and I want Bowel Research UK to claim back the tax on all donations I have made in the last four years, and all future donations. I understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference. Please notify us if you; want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income and/or Capital Gains.

Please complete this donation form, detach the page and send to: Bowel Research UK, c/o The Royal College of Surgeons, 35-43 Lincoln's Inn Fields, London WC2A 3PE. Or to make a donation by phone, call **0207 882 8749** or go online to bowelresearchuk.org/get-involved/make-a-donation/



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